

[illegible]

## ***What Would You Do If. . .***

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*A major earthquake occurs in a nearby populated area?*

*Your electricity is off for 5 days during summer or winter?*

# *How Would You Live Without...*

- *Electricity*
- *Lights*
- *Heat, Air Conditioning, Fans*
- *Internet*
- *Drinking Water*
- *ATM's*
- *Grocery Stores*
- *Gas Stations*
- *Pharmacies*



# *Should You Prepare?*







## Welcome to your Safety Action Center

To help the people of California, Cal Fire has a new look to help you prepare for emergencies. The Safety Action Center will help you learn about the risks you face, how to prepare, and what to do in an emergency. It's a one-stop shop for all your emergency needs. One of the most important things you can do is to have a plan. That's why the Safety Action Center is here to help you create one.

### Sign up with the Safety Action Center

Learn how to create an emergency plan that could save you and your family when disaster strikes.

Sign Up



Make sure we can reach you in an emergency.

Learn More



Is your whole family ready for an emergency?

Watch Video



Have you mapped out escape routes from your home?

Learn More



Oh, do you know what to pack in your emergency kit?

Learn More



Create your emergency plan today!

Learn More



Prepare an emergency kit with these six easy steps.

Learn More



Don't forget your neighbors.

Learn More



Visit PG&E's new Weather Awareness Center.

Learn More



Do you know how to manually open your garage door if the power is out?

Learn More



Do you know what to do before, during and after an earthquake?

Learn More



Remember your pets when making your family's emergency plan.

Learn More



# ***There Are Limited Resources...***

## ***1 million to 1.5 million people in San Jose***

- *34 Fire Stations (~50,000 people/fire station)*
- *1 Urban Search and Rescue Unit*
- *Fewer than 150 police on duty at one time (~7,000 people/officer)*





# ***SJ Office of Emergency Management***

## ***Recommends 4 Family Emergency Kits:***

- *Emergency kit for work*
- *Emergency kit for each car*
- *'Grab and Go Bag' for quick exit*
- *Multi-Day "BOB"*



# ***What Is Needed To Live For 72 Hours?***

## ***Multi-Day 'BOB' Supplies Should Include:***

- *Water (1 gallon per person & pet per day)*
- *Non-perishable food*
- *First aid supplies & Rx medications*
- *Radio, flashlight, multi-purpose knife*
- *Camping stove , cookware, utensils & shelter*
- *Child specific supplies & medications*
- *Clothing, sturdy shoes and bedding*
- *Batteries, solar electronic chargers*
- *Cash (small denominations)*



# Weekly Steps for Emergency Preparedness



## A budget-friendly plan to build a family disaster supply kit in 24 weeks

The City of San Jose Office of Emergency Management encourages all residents to prepare for disasters by having basic supplies on hand in order to survive for at least three days (or longer) after an emergency.

Below is a checklist of basic items that every emergency supply kit should include. It is also important to review this list and consider where you live and the unique needs of your family in order to create an emergency supply kit that will meet these needs.

Be sure to register with [AlertSOC](#) and for additional information, visit [www.ready.gov](http://www.ready.gov).

### Week 1

- ☐ 3 gallons of water\*
- ☐ 1 can ready-to-eat meat\* (tuna, chicken, etc.)
- ☐ Large tub to hold items
- ☐ Hand-operated can opener

#### To Do:

- ☐ Learn about the emergencies that could happen where you live and the right way to respond to them.

### Week 2

- ☐ Dry fruit or trail mix
- ☐ Permanent marker, paper and pencil

#### To Do:

- ☐ Make sure emergency contact numbers are easy to identify in mobile devices: I.C.E. + contact (I.C.E. = In Case of Emergency).

### Week 3

- ☐ First aid kit
- ☐ Hand sanitizer

#### To Do:

- ☐ Date items in kit.

### Week 4

- ☐ Battery/hand-crank emergency radio
- ☐ 2 flashlights with batteries
- ☐ Waterproof matches

#### To Do:

- ☐ Install a carbon monoxide (CO) detector and smoke alarm.
- ☐ Make a list of bank account numbers, credit card account numbers and companies, and insurance policy numbers, include in kit.

### Week 5

- ☐ 1 gallon water\*
- ☐ 1 can ready-to-eat meat\* (tuna, chicken, etc.)
- ☐ Energy bars

#### To Do:

- ☐ Identify family meet-up locations.

### Week 6

- ☐ 1 can fruit\*
- ☐ 1 box crackers
- ☐ Paper plates
- ☐ Playing cards
- ☐ Plastic container for personal items

#### To Do:

- ☐ Develop home evacuation plans

### Week 7

- ☐ Pain reliever
- ☐ Thermometer
- ☐ Hand soap

#### To Do:

- ☐ Practice home evacuation plans.

### Week 8

- ☐ Utility wrench (to shut off utilities)
- ☐ Fire extinguisher
- ☐ Utility knife

#### To Do:

- ☐ Locate and identify utility shutoffs.

### Week 9

- ☐ 1 gallon water\*
- ☐ 1 can soup\*
- ☐ Puzzle books/games

#### To Do:

- ☐ Develop an emergency network among family, friends and neighbors.

### Week 10

- ☐ Dry nuts
- ☐ Rain poncho

### Week 11

- ☐ Laxative
- ☐ Antacid
- ☐ Anti-diarrheal
- ☐ Rubbing alcohol

### Week 12

- ☐ Duct tape
- ☐ Whistle
- ☐ Tarp
- ☐ Blank DVDs to record home inventory

#### To Do:

- ☐ Use camcorder to record the contents of your home for insurance purposes.
- ☐ Make a copy of the recording and send it to an out-of-town friend or family member.

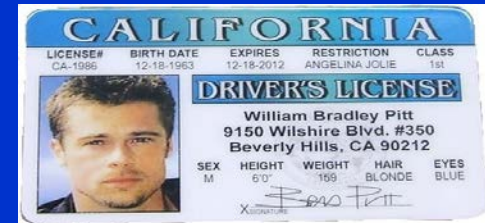
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*\* Purchase one for each member of the household.*

# Vital Documents

## Having Proper Documentation Is Essential. . .

- *Drivers Licenses, Passports Numbers ...*
- *Insurance Policies, Mortgage Numbers ...*
- *Medical Records, Medical Insurance Numbers ...*
- *Phone Numbers and Contact Information...*
- *Photos of Valuables*
- *Stored on a USB Flash Drive*



## *Create A Family Plan*

- *Practice “Evacuation Drills”*
- *Know where your EXITS are located*
- *Have local and distant meeting places identified*
- *Set up “Out of the Area” emergency contact(s)*
- *Write down phone numbers*
- *Have a current list of all medications*
- *Designate who will pick up children from school*
- *Always have ½ tank of gas...always*
- *Need help in developing a plan? [www.PrepareSCC.org](http://www.PrepareSCC.org)*

## ***Stay Informed....***

- *Sign up at Alert SCC for emergency notifications*
  - *Text to 888777 ... wait for acknowledgement...Text Zip Code*
- *During a disaster*
  - *Listen to a Radio (Portable)*
  - *Watch TV (If Possible)*
  - *Help Your Neighbor (Always Possible)*
- *Sign up for CERT training*



# ***What Is CERT?***

## ***Community Emergency Response Team (CERT)***

*CERT educates volunteers about disaster preparedness for the hazards that may impact their area*

***---- Neighbors Helping Neighbors ----***

*CERT members are trained in basic disaster response skills*

- Fire safety and suppression*
- Light search and rescue*
- Team organization*
- Disaster medical operations*



# ***CERT Training***

*CERT offers a consistent, nationwide approach to volunteer training and an organization that professional responders can rely on during disaster situations*

- *20 hours of 'ZOOM' classes*
- *One Saturday – 'inexpensive disaster insurance'*
- *Free to residents and individuals who work in San Jose*



***SJNCERT.ORG***

***The location for  
CERT information***

*To Register for CERT education...*



## *In Conclusion...*

*You can't control disasters*

***But you can control how they affect you...***

- *Know what to do...*
- *Have emergency supplies...*
- *Practice your plan...*
- *Be prepared...*



